

Arm Immobilizer

AIRCAST[®] LLC

arm support (06GM, 06GL, 06GMA, 06GLA)

The Arm Immobilizer provides arm support for injuries and a variety of pre- and post-op indications involving the shoulder, elbow, proximal or mid humerus, and wrist. These indications include fractures, dislocations, and soft tissue injuries to muscle, ligaments, or tendons. An Abduction Pillow, available with the Arm Immobilizer, allows arm to be in a more relaxed position to help promote healing. The Abduction Pillow is indicated for situations where the arm should be supported at an angle from the body, including rotator cuff or Bankart repairs.

The Arm Immobilizer features and benefits:

- Innovative underarm strap design limits posterior arm mobility to help reduce shoulder pain
- Supportive shoulder strap helps minimize stress to neck while securely supporting arm
- Durable mesh fabric is breathable to maximize support and comfort
- Designed for left or right arm for ease of use and reduced inventory requirements
- Abduction Pillow available for angled arm support to help promote healing



Arm Immobilizer
with Abduction Pillow



Arm Immobilizer

INSTRUCTIONS: (Fits either left or right arm)

1 Apply Immobilizer

- Leave top strap on Immobilizer closed. Insert hand into Immobilizer with thumb on one side of hand guard and remaining fingers on the other side of guard (Fig. 1).
- Correctly align plastic triangle that connects all three straps over scapula (shoulder blade) of uninjured arm. The length of the back strap may be adjusted by detaching the strap end and re-attaching it along the strap length. Loosely drape shoulder strap over shoulder. (Fig. 2)
- Insert end of shoulder strap into top ring on Immobilizer and pull through (Fig. 3). Snugly secure strap end to shoulder strap **in front of torso**. If necessary, adjust strap length (see step 2).
- Wrap underarm strap under healthy arm and insert strap end into Immobilizer clip (Fig. 4). Secure strap end to strap snugly.

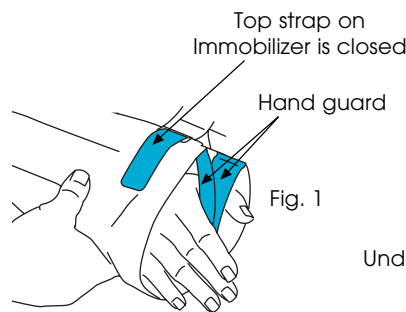


Fig. 1

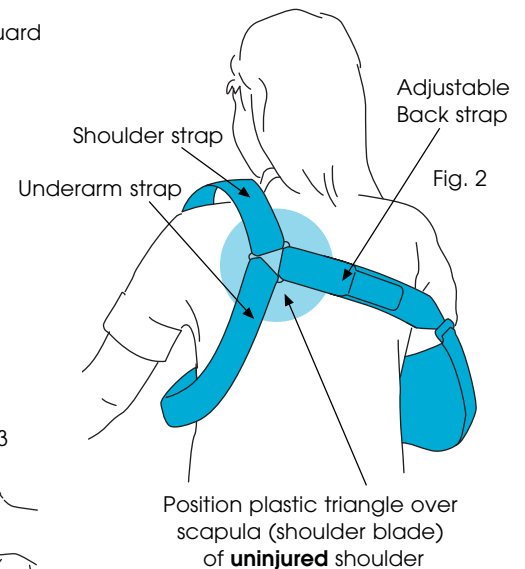


Fig. 2

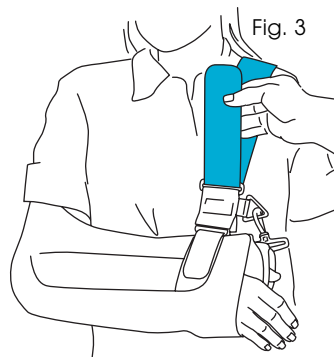


Fig. 3

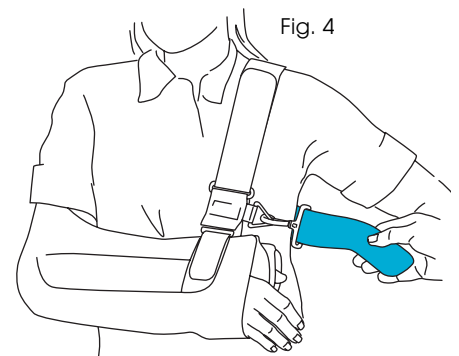


Fig. 4

2 Adjust straps if necessary

- Adjust straps for comfort and correct arm position as directed by healthcare professional.
- If strap length is too long, reposition self adhesive tab on underside of strap (Fig. 5). Straps may also be trimmed with scissor.

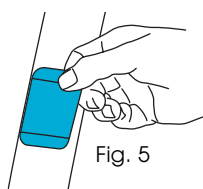
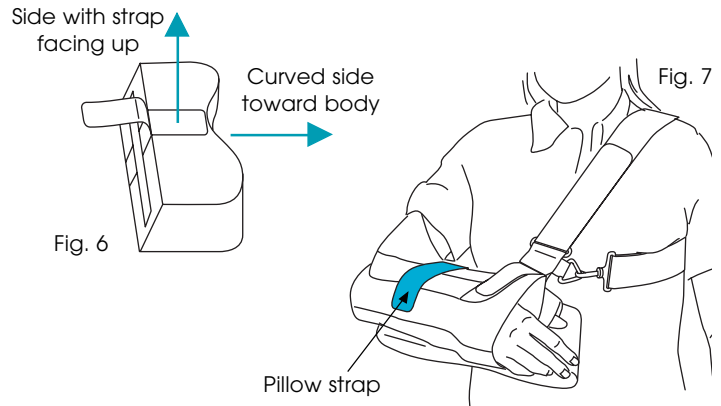


Fig. 5

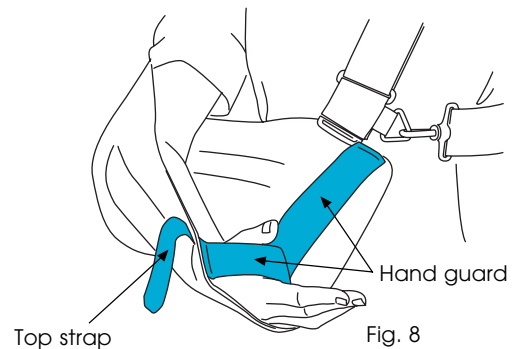
③ Apply Abduction Pillow (*apply Arm Immobilizer first — see step 1 of instructions*)

- Attach pillow to side of immobilizer with curved side of pillow toward body and pillow side with strap facing up (Fig. 6).
- Wrap pillow strap over top of Immobilizer and secure to Immobilizer side (Fig. 7).



Remove arm from Arm Immobilizer for exercises (*as directed by healthcare professional*)

- If Abduction Pillow is used, open pillow strap (see Fig. 6 for Pillow Strap location). Open top strap on front of Immobilizer (Fig. 8).
- Remove hand from hand guard and gently remove arm from Immobilizer — **leave back strap, shoulder strap, and underarm strap attached to Immobilizer** (see Fig. 2 for strap locations).



Remove Arm Immobilizer (*as directed by healthcare professional*)

- Unclip underarm strap from top of Immobilizer.
- Undo shoulder strap and remove Immobilizer.

CAUTION

Federal law restricts this device to sale by or on the order of a licensed healthcare professional.

CARE

The Arm Immobilizer can be hand washed in cold water with mild soap and air dried. The Abduction Pillow can be wiped with a damp cloth — **do not immerse Abduction Pillow in liquid.**

LATEX

This product is latex-free.

WARRANTY POLICY

Aircast will provide a replacement to the original purchaser should the Arm Immobilizer or Arm Immobilizer with Abduction Pillow become unserviceable for any reason for a period of 90 days from date of sale, provided original product is returned to Aircast for analysis.

PATENT PENDING

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